

ALLERGEN INFORMATION

Dish	Gluten	Crustaceans	Eggs	Fish	Peanuts	Soyabeans	Milk	Nuts	Celery	Mustard	Sesame	Sulphites	Lupin	Molluscs
SOUP	WHEAT								soup			soup		
GOATS CHEESE							cheese	WALNUTS		dressing		dressing		
FISH SOUP		soup		soup			sour cream		soup			soup		
HAM TERRINE	WHEAT		bonbon	fryer			bonbon		terrine	terrine		terrine		
MACKEREL PATE	WHEAT			pate			pate					cucumber		
FISHCAKE			pane	cake						tartar		dressing		fryer
SQUID			pane	fryer						mayo		dressing		fryer
BLACK PUDDING	WHEAT		poached	fryer			pudding					sauce		

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PANHAGGERTY			poached				panhag			cream		cream		
LASAGNE	WHEAT									slaw		lasagne		
CHICKEN			mayo				gratin		jus	gratin		jus		
MARKET FISH				fish			garnish		garnish	garnish		garnish		garnish
BACON PIE	WHEAT, MALT		pie				pie			gravy		pie		cabbage
VENISON BURGER	WHEAT		mayo				chips					mayo		beetroot
WHOLE SOLE				sole			butter			butter		butter		butter
SIRLOIN				fryer			diane		diane	diane		diane		diane
SIDE CHIPS				fryer										fryer
RED CABBAGE														cabbage
GLAZED CARROTS										glaze				
ALL SUNDAY ROASTS	WHEAT		Yorkie				all		gravy	all		gravy		

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STICKY TOFFEE PUDD			cake				cake							
CRUMBLE	WHEAT, OAT						crumble					filling		
CHOCOLATE DELICE														
SINGING HINNIES	WHEAT						hinnies					currants		
SPONGE PUDDING	WHEAT		sponge				sponge					syrup		
CHEESES	WHEAT						cheese		garnish			chutney		

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BEANS ON TOAST	WHEAT						bread					beans		
SMASHED AVOCADO	WHEAT		eggs				bread							
SHAKSHUKA	WHEAT		eggs						base					
SAUSAGE/BACON BAP	WHEAT		eggs				bread							
HALLOUMI BAP	WHEAT						cheese							
EGGS BENEDICT	MALT/WHEAT		eggs				sauce			sauce		sauce		
EGGS FLORENTINE	MALT/WHEAT		eggs				cause			sauce		sauce		
HINNIES BELTA	WHEAT		eggs				bread							fryer
BREKKY SAUCE			sauce							sauce		sauce		

CONTAINS

SOME DISHES CAN BE ADJUSTED TO BECOME ALLERGEN FREE, PLEASE ASK THE MANAGER

ALLERGEN INFORMATION

CHILDRENS MENU

	Dish	Gluten	Crustaceans	Eggs	Fish	Peanuts	Soyabeans	Milk	Nuts	Celery	Mustard	Sesame	Sulphites	Lupin	Molluscs
BRUNCH	SCRAMBLED EGG	WHEAT													
	BEANS ON TOAST	WHEAT													
	PANCAKES	WHEAT													
	BELTA	DAT/WHEAT													
	PORRIDGE	DAT/WHEAT													

	Dish	Gluten	Crustaceans	Eggs	Fish	Peanuts	Soyabeans	Milk	Nuts	Celery	Mustard	Sesame	Sulphites	Lupin	Molluscs
MAIN MENU	FISH CAKE														
	SOUP	WHEAT													
	FLAT BREAD	WHEAT													
	SAUAGES	WHEAT													
	FISH PIE														
	CHEESE TOASTIE	WHEAT													
	PIZZA	WHEAT													
	CHEESY PASTA	WHEAT													
	BROWNIE	WHEAT													
	ICE CREAM	WHEAT													
	STICKY TOFFEE	WHEAT													

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