

## ALLERGEN INFORMATION

Dish	Gluten	Crustaceans	Eggs	Fish	Peanuts	Soyabeans	Milk	Nuts	Celery	Mustard	Sesame	Sulphites	Lupin	Molluscs
SOUP	WHEAT, bread													
GOATS CHEESE							cheese	walnut		dressing		soup		
CHOWDER				chowder			chowder		chowder	chowder		dressing		
PARFAIT	WHEAT, bread		parfait				parfait		chutney			parfait		
SALMON	WHEAT, RYE, bread			salmon			horsraddish			dressing		pickles, dressing		
FISHCAKE			fishcake	fishcake			pane			fishcake, dressing		dressing		
WHITEBAIT			fish	fish			pane			mayonnais		mayonnais e, dressing		
ASPARAGUS			hollandaise				hollandaise			hollandaise	spice	hollandaise, pickles		

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PANHAGGERTY			egg				cream, panhag			cream		cream		
AUBERGINE	WHEAT, MALT, marinade					dashi			dashi		garnish	dashi		
CHICKEN							cream			cream		cream		
MARKET FISH	May vary	May vary	May vary	May vary	May vary	May vary	May vary	May vary	May vary	May vary	May vary	May vary	May vary	May vary
PORK CHOP							mash		jus	mash		jus		
VENISON							venison		jus			jus		
WHOLE SOLE				sole			sauce					sauce		
SIRLOIN			bearnaise	cooking oil			bearnaise			bearnaise		bearnaise		
SIDE CHIPS				cooking oil										
RED CABBAGE												cabbage		
GLAZED VEG														
MUSTARD MASH							mash			mash				
NEW POTATOES							potatoes							
ALL SUNDAY ROASTS	WHEAT		yorkie				all		gravy	all		gravy		

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STICKY TOFFEE PUDD			cake				cake, ice cream					cake		
LEMON POSSET	WHEAT						posset							
CHOCOLATE DELICE														
SINGING HINNIES	WHEAT						cream					hinnies		
BANANA BREAD	WHEAT		bread				bread, ice cream	peacans						
CHEESES	WHEAT													

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BEANS ON TOAST	WHEAT						bread					beans		
SMASHED AVOCADO	WHEAT		eggs				bread							
SHAKSHUKA	WHEAT		eggs						base					
SAUSAGE/BACON BAP	WHEAT		eggs				bread							
HALLOUMI BAP	WHEAT						cheese							
EGGS BENEDICT	MALT/WHEAT		eggs				sauce			sauce		sauce		
EGGS FLORENTINE	MALT/WHEAT		eggs				cause			sauce		sauce		
HINNIES BELTA	WHEAT		eggs				various							fryer
BREKKY SAUCE			sauce							sauce		sauce		

**CONTAINS**

SOME DISHES CAN BE ADJUSTED TO BECOME ALLERGEN FREE, PLEASE ASK THE MANAGER

## ALLERGEN INFORMATION

### CHILDRENS MENU

	Dish	Gluten	Crustaceans	Eggs	Fish	Peanuts	Soyabeans	Milk	Nuts	Celery	Mustard	Sesame	Sulphites	Lupin	Molluscs
<b>BRUNCH</b>	SCRAMBLED EGG	WHEAT		Eggs				eggs							
	BEANS ON TOAST	WHEAT						toast					beans		
	PANCAKES	WHEAT		pancake				pancake					fruits		
	BELTA	DAT/WHEAT		egg				various					various		
	PORRIDGE	DAT/WHEAT						porridag					garnish		

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<b>MAIN MENU</b>	FISH CAKE			fishcake	mix fish						fishcake, dressing		fishcake			
	SOUP	WHEAT						soup					soup			
	FLAT BREAD	WHEAT										houmous	garnish			
	SAUAGES	WHEAT						mash		gravy	seasoning		gravy			
	FISH PIE					mix fish		pie			pie		pie			
	CHEESE TOASTIE	WHEAT						filling						filling		
	PIZZA	WHEAT						topping						topping		
	CHEESY PASTA	WHEAT						cheese			sauce			sauce		
	BROWNIE	WHEAT			cake			cake						cake		
	ICE CREAM	WHEAT			ice cream			ice cream						various		
	STICKY TOFFEE	WHEAT			cake, ice cream			cake, ice cream						cake		

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