

ALLERGEN INFORMATION

Dish	Gluten	Crustaceans	Eggs	Fish	Peanuts	Soyabeans	Milk	Nuts	Celery	Mustard	Sesame	Sulphites	Lupin	Molluscs
SOUP	WHEAT, bread							Pinenut	Soup			soup		
GOATS CHEESE							cheese	walnut		dressing		dressing		
CHOWDER				haddock			chowder		chowder			chowder		
HAM TERRINE	WHEAT, bread								terrine	terrine, piccalilli		piccalilli		
MACKEREL				mackerel			yogurt					aubergine		
FISHCAKE			fishcake, tart	fishcake						tartar		tartar		
TROUT			egg	trout			salad			salad		salad		
SCOTCH EGG			egg				scotch egg			salad		scotch egg		

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PANHAGGERTY			egg				cream, panhag			cream		cream		
BEAN BURGER	WHEAT, brioche									burger		chutney		
CHICKEN							gratin, corn		jus	corn		jus		
MARKET FISH	May vary	May vary	May vary	May vary	May vary	May vary	May vary	May vary	May vary	May vary	May vary	May vary	May vary	May vary
BACON LOIN CHOP							cassoulette		jus			jus, sauce		
LAMB LIVER							champ		jus			jus		
WHOLE SOLE				sole			sauce, butter					sauce		
RUMP				cooking oil					sauce			sauce		
SIDE FRIES				cooking oil										
SUMMER VEG							butter							
CHAMP MASH							mash			mash				
TRUFFLE FRIES				cooking oil			parmesan							
ALL SUNDAY ROASTS	WHEAT		yorkie				all		gravy	all		gravy		

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STICKY TOFFEE PUDD			cake				cake, ice cream					cake		
CHEESECAKE			cheese cake				cheese cake					Strawberries		
CHOCOLATE MOUSSE			cake			mousse						mousse, mango		
SINGING HINNIES	WHEAT, hinnie						cream					jam, hinnies		
LEMON MERINGUE	WHEAT, sponge		meringue				sundea							
CHEESES	WHEAT, biscuits									chutney				

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BEANS ON TOAST	WHEAT						bread					beans		
SMASHED AVOCADO	WHEAT		eggs				bread							
SHAKSHUKA	WHEAT		eggs						base					
SAUSAGE/BACON BAP	WHEAT		eggs				bread							
HALLOUMI BAP	WHEAT						cheese							
EGGS BENEDICT	MALT/WHEAT		eggs				sauce			sauce		sauce		
EGGS FLORENTINE	MALT/WHEAT		eggs				cause			sauce		sauce		
HINNIES BELTA	WHEAT		eggs				various							fryer
BREKKY SAUCE			sauce							sauce		sauce		

CONTAINS

SOME DISHES CAN BE ADJUSTED TO BECOME ALLERGEN FREE, PLEASE ASK THE MANAGER