

ALLERGEN INFORMATION

| Dish | Gluten | Crustaceans | Eggs | Fish | Peanuts | Soyabeans | Milk | Nuts | Celery | Mustard | Sesame | Sulphites | Lupin | Molluscs |
|---------------|--------|-------------|---------|-------|---------|-----------|------------|---------|---------|----------|--------|-----------|-------|----------|
| SOUP | WHEAT | | | | | | | | soup | | | soup | | |
| GOATS CHEESE | | | | | | | cheese | WALNUTS | | dressing | | dressing | | |
| FISH SOUP | | soup | | soup | | | sour cream | | soup | | | soup | | |
| HAM TERRINE | WHEAT | | bonbon | fryer | | | bonbon | | terrine | terrine | | terrine | | |
| MACKEREL PATE | WHEAT | | | pate | | | pate | | | | | cucumber | | |
| FISHCAKE | | | pane | cake | | | | | | tartar | | dressing | | fryer |
| SQUID | | | pane | fryer | | | | | | mayo | | dressing | | fryer |
| BLACK PUDDING | WHEAT | | poached | fryer | | | pudding | | | | | sauce | | |

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| PANHAGGERTY | | | poached | | | | panhag | | | cream | | cream | | |
| LASAGNE | WHEAT | | | | | | | | | slaw | | lasagne | | |
| CHICKEN | | | mayo | | | | gratin | | jus | gratin | | jus | | |
| MARKET FISH | | | | fish | | | garnish | | garnish | garnish | | garnish | | garnish |
| BACON PIE | WHEAT, MALT | | pie | | | | pie | | | gravy | | pie | | cabbage |
| VENISON BURGER | WHEAT | | mayo | | | | chips | | | | | mayo | | beetroot |
| WHOLE SOLE | | | | sole | | | butter | | | butter | | butter | | butter |
| SIRLOIN | | | | fryer | | | diane | | diane | diane | | diane | | diane |
| SIDE CHIPS | | | | fryer | | | | | | | | | | fryer |
| RED CABBAGE | | | | | | | | | | | | | | cabbage |
| GLAZED CARROTS | | | | | | | | | | glaze | | | | |
| ALL SUNDAY ROASTS | WHEAT | | yorkie | | | | all | | gravy | all | | gravy | | |

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| STICKY TOFFEE PUDD | | | cake | | | | cake | | | | | | | |
| CRUMBLE | WHEAT, OAT | | | | | | crumble | | | | | filling | | |
| CHOCOLATE DELICE | | | | | | | | | | | | | | |
| SINGING HINNIES | WHEAT | | | | | | hinnies | | | | | currants | | |
| SPONGE PUDDING | WHEAT | | sponge | | | | sponge | | | | | syrup | | |
| CHEESES | WHEAT | | | | | | cheese | | garnish | | | chutney | | |

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| BEANS ON TOAST | WHEAT | | | | | | bread | | | | | beans | | |
| SMASHED AVOCADO | WHEAT | | eggs | | | | bread | | | | | | | |
| SHAKSHUKA | WHEAT | | eggs | | | | | | base | | | | | |
| SAUSAGE/BACON BAP | WHEAT | | eggs | | | | bread | | | | | | | |
| HALLOUMI BAP | WHEAT | | | | | | cheese | | | | | | | |
| EGGS BENEDICT | MALT/WHEAT | | eggs | | | | sauce | | | sauce | | sauce | | |
| EGGS FLORENTINE | MALT/WHEAT | | eggs | | | | cause | | | sauce | | sauce | | |
| HINNIES BELTA | WHEAT | | eggs | | | | bread | | | | | | | fryer |
| BREKKY SAUCE | | | sauce | | | | | | | sauce | | sauce | | |

CONTAINS

SOME DISHES CAN BE ADJUSTED TO BECOME ALLERGEN FREE, PLEASE ASK THE MANAGER